

# LETHBRIDGE 10K

Wednesday 12<sup>th</sup> June 2019 7:30pm  
 Croft Sports Centre, Old Town, Swindon, SN3 1RA

Sponsored by:



**Prizes to:**

- First three men and women
- First three men 40-49 and women 35-44
- First man 50+ and woman 45+
- First man 60+ and woman 55+
- First three male and female teams (First 3 team members count)
- Plus numerous other spot prizes
- T-Shirt and medal to all finishers.

- Changing and parking at Croft Sports Centre, SN3 1RA
- Minimum age 15 years
- Rural Setting, "fairly" flat
- Under UKA rules – Permit Number:- 2018-30337
- Course Measurement Certificate Number: – 2012-219
- Race limit 500
- SOLD OUT in advance in 2012 to 2018
- **NO ENTRIES ON THE DAY**

**Race numbers including the timing chip to be collected on the night:**

Post entries to:                      Cheques made payable to  
 "Lethbridge10k Entries          "Friends of Lethbridge  
 51 Goddard Avenue              Primary School"  
 Old Town  
 Swindon, SN1 4HS"

UKA Affiliated: £13.00 Un-affiliated:£15.00

All race numbers to be collected from race control at the Croft Sports Centre on the day from 6.00pm. No entries will be accepted on the day. The race will start promptly! All runners must collect race number including chip timer from race HQ at Croft on the evening of the race.

Entry Form:

PLEASE COMPLETE IN BLOCK CAPITALS

Race Number

Surname		Age on race day		Race Number
Forename		Date of Birth		
Address				
		Post Code		
Telephone		Club or Team		
E-Mail		UK Athletics Registration Number		

Male  Female

I declare that I will abide by the laws and rules of the race. I will follow all instructions given by the race officials. I am not under the race minimum age to compete in this event i.e. 15 years old; and I accept that the organisers will not be liable for any loss, damage, action, claim, costs or expenses, which may arise as a consequence of my participation in this event. I declare that I will not compete in this race unless I am in good health on the day of the race and that in any case, I will only compete at my own risk.

SIGNATURE ..... DATE .....

Don't forget your cheque, made payable to Friends of Lethbridge Primary School:  
 UKA Affiliated runners: £13.00 ; Un-affiliated runners: £15.00